Educaterers Lunch Menu Week 1

Coventry and Warwickshire: 5/9, 26/9, 17/10, 7/11, 28/11, 9/1/23, 30/1. Leicestershire: 5/9, 26/9, 7/11, 28/11, 9/1/23, 30/1. Oxfordshire: 5/9, 26/9, 17/10, 7/11, 28/11, 19/12, 9/1/23, 30/1, 20/2.

Meat Free Monday



(vg) Quorn Dippers G. Tuesday



(v) Broccoli and Sweetcorn Pasta Bake G.D.





(v) Cheddar Cheese G.D.







British Roast Chicken G.

Tuesday

Monday

(vg) Homemade Lemon Shortbread G.

(v) Chocolate Mousse with Fruit D.

(vg) Homemade Ginger Biscuit G.

Week 1 Dessert Menu

Fresh fruit as alternative dessert options

Every day we offer: (v) Yoghurt, (D.) or

Wednesday

Thursday

(v) Homemade Chocolate Cherry Sponge G.E.

(v) Ice Cream Tub D.

(v) Homemade Iced Pineapple Cake G.E.

Friday

(v) Ice Cream Tub D.

(vg) Homemade Crunch Cookie G.



Pork Meatballs G. Wednesday



or



(v) Cheddar Cheese and

Potato Pie D.E

(vg) Quorn Roast G. Optional Stuffing G.







Tuna Mayonnaise F.E.G.

Thursday

British Roast Chicken, Stuffing G.





(v) Veggie Sausage Pattie in a Breakfast Bap D.E.G.





British Ham G.

Pasta Bolognaise G./Cheese D.



Friday

or





(v) Cheddar Cheese D.G.

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, semi skimmed milk or water to drink. Some schools offer a Hydration Station instead, comprising of unlimited chilled water flavoured with fresh fruit.

Accompaniments may vary to those shown in the photographs.

PLEASE NOTE some schools serve the cold option in a deli bag with vegetable sticks or salad, a dessert and a drink.

Key

vg = vegan V = vegetarian

D = Dairy N = Coconut/Nuts

S = Sesame E = Egg

G = Gluten/Wheat F = Fish M = Mustard SB = Soya

Allergies

SU = Sulphites

Crispy Salmon Fishcake F.G. (v) Rustic Cheese & Tomato Pizza D.G.